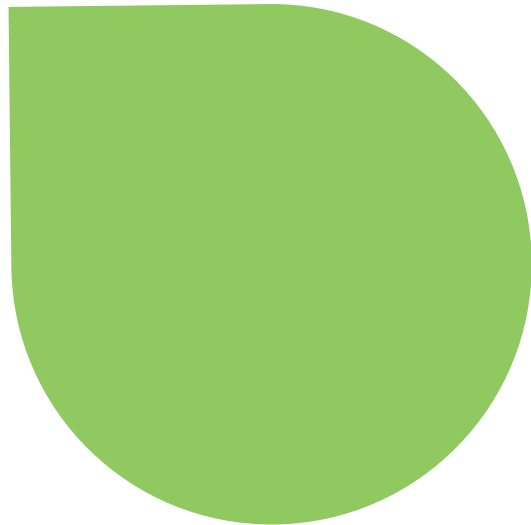


ANNUAL REPORT

2025-2026



Connecting the community!

Brock Community Health Centre is a non-profit charitable organization supported by funding from the Ministry of Health and Ontario Health East.



Mission, Vision and Values

Mission

Optimizing the health and wellbeing of local residents through access to quality primary health care services as well as educating, promoting and providing wellness programs.

Values

- Equity
- Confidentiality
- Compassion
- Collaboration
- Responsiveness
- Education

Vision

An ever stronger, healthier and informed community.



Brock CHC recognizes and acknowledges the Indigenous people for being good stewards of the land and environment. We reside on and benefit from the Williams Treaty Territories, on the land of the Mississaugas and Chippewas, and we thank them for sharing this land. We will endeavour to follow this example by being good stewards of the land and environment for all peoples.

Board of Directors

Norm Wilson
Chair

Heather Allison
Vice-Chair

Maureen Donald
Treasurer

Steven Davis
Secretary

Mary Beddows
Director

Lisa Brazeau
Director

Peter Elliott
Director

Renea Finch
Director

Andrea Kay
Director

Nathan Gardner
Director

John Grant
Director

Ted Smith
Director

Report of the Board Chair and Executive Director

Our Annual Report offers an important opportunity to reflect on the activities and accomplishments of Brock Community Health Centre over the past year. The 2025-2026 year was especially busy, as we completed construction of our new home in Cannington and brought two locations together under one roof. This milestone was more than 15 years in the making.

To say this achievement was easy, or that it happened without moments of chaos, would not be true. At times, it was challenging and required patience, perseverance, and flexibility from both staff and the Board. We are deeply grateful to all Brock CHC staff for their continued dedication to our organization, our clients, and the community we serve.

This year, we also formed new relationships with community service organizations, including some that became tenants in our Cannington home. We were pleased to welcome both new and existing partner organizations to share our space.

Through it all, our focus remained on our vision of fostering a stronger, healthier, and more informed community for Brock Township and the surrounding area. We worked with the Durham Ontario Health Team and the Durham Primary Care Network to ensure that communities in North Durham were represented and considered as we collectively work to improve and expand the health and community service system across Durham Region.

We submitted a proposal to Ontario Health to expand Brock CHC and lead the creation of a collaborative North Durham Health Home, including Scugog and Uxbridge. Our partners in this initiative include North Durham Family Health Team, Medical Associates of Port Perry, Uxbridge Health Centre, and Toronto Street Clinic.

We were successful in receiving approximately \$2.4 million for the project as a whole, with the goal of attaching more than 5,000 people in North Durham to primary care by providing access to teams of allied health professionals and strengthening the network of partner community service organizations.

We began our Board Speaker Series, which will continue, and launched our annual fundraiser, Brock Ride and Stride for Health. We are grateful for the community's support in helping us raise funds that will enhance the services and programs we offer.

We will continue to plan for the needs of our rural community, ensuring that quality primary care, community services, and programs remain accessible, equitable, and close to home.

It has been quite a year, and we should take time to celebrate our collective accomplishments. As we look ahead to 2026-2027, we do so with optimism and excitement for what is to come.

Norm Wilson
Chair, Board of Directors

Janet McPherson
Executive Director



2025-26 Highlights

Opening Our New Community Health Centre

A significant milestone was achieved with the successful completion and occupancy of Brock Community Health Centre's new facility at 39 Cameron Street W. in Cannington. Staff, programs, and services were successfully relocated to a modern, accessible, and welcoming space designed to support the growing health and wellness needs of our community. The project reached substantial completion, final capital funding was secured, and the Centre entered the construction warranty phase. More than 300 residents, partners, donors, and community supporters participated in a Grand Opening celebration, Community Open House event, and a Donor Appreciation Evening. These events showcased the new facility, increased awareness of available services, and celebrated a major investment in community health and well-being.

Expanding Access to Local Health Services

Brock CHC continued to strengthen local access to primary care and community health services by introducing new onsite services and developing strategic partnerships that bring healthcare closer to home. The Cannington site became a hub for partner programming, including bloodwork, ECGs and specimen collection, dementia education and support, legal assistance, chronic disease management, hearing screenings and education, foot care clinics, brain injury support, and unattached patient clinics.

Community use of space continued to grow, welcoming organizations such as a Dynacare Laboratory Services, Best Care Respiratory Services, Alzheimer Society Durham Region, Brain Injury Association of Durham, Community Care Durham, Durham Community Legal Clinic, North Durham Family Health Team, Lakeridge Health, Ontario Health atHome, and Victoria Order of Nurses.

Planning is also underway for the Durham Region Oral Health Program to deliver dental services from the facility through the Healthy Smiles Ontario program

and the Ontario Seniors Dental Care Program.

Together, these initiatives reduce travel barriers and improve access to essential health services within the community.

Enhancing Community Wellness Programs

The Centre continued to offer innovative and responsive community programs that promote health, wellness and social connection. New wellness programs including Yin Yoga, Gentle Yoga-Fit, and Robotics for Youth during March Break were introduced.

Supporting Older Adults and Reducing Social Isolation

Brock CHC continued to prioritize healthy aging and social connection. The Centre secured and leveraged funding to support innovative programming for older adults and intergenerational engagement. The Friends & Flavours program continued beyond its initial funding period through collaborative support from community partners, ensuring older adults and youth could continue to connect through shared meals and meaningful experiences.

An additional initiative was a three-part Speaker Series for Seniors that focused on dementia awareness, community-based supports, caregiver supports, elder abuse, frauds and scams, crisis response, fire prevention, wills and estate planning, consent and capacity, power of attorney, and funeral pre-planning.

Investing in Staff Development

Brock CHC demonstrated its commitment to excellence through investments in staff education and professional development. Team members completed Mental Health First Aid training, Dementia Friendly Communities training, and specialized Indigenous Lower Limb Preservation training to enhance the quality of care provided to patients and clients. These initiatives strengthened staff knowledge and improved the Centre's ability to support individuals with complex physical and mental health needs.

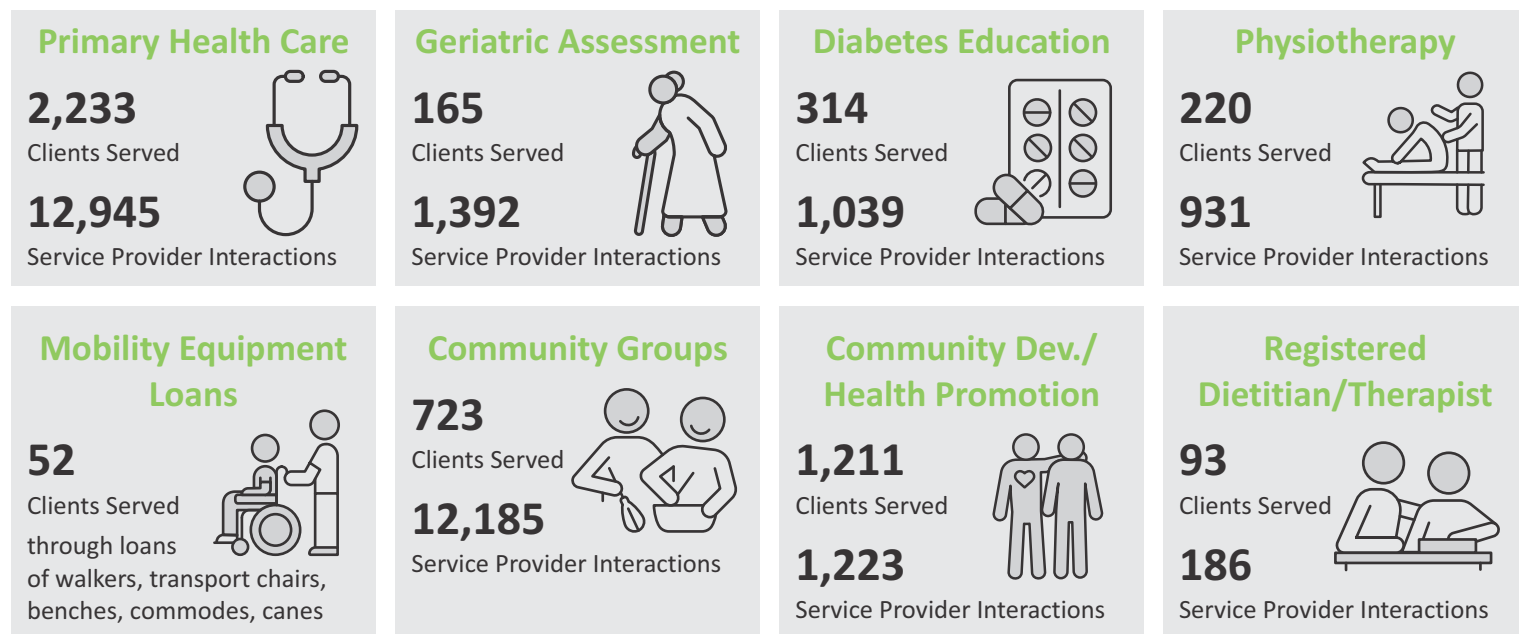
Advancing Leadership and Health System Collaboration

Brock CHC continued to play an active leadership role within Ontario's primary healthcare system through its participation in provincial and regional initiatives, including the Alliance for Healthier Communities, the Rural, Remote and Northern Health Symposium, and Durham Ontario Health Team planning tables. The Centre also welcomed Ontario's Minister of Health and other provincial leaders, highlighting the innovative healthcare solutions being delivered in Brock Township and advocating for the needs of rural communities.

Regionally, Brock CHC strengthened its leadership presence through representation on the Durham Primary Care Network Leadership Council and the Durham Ontario Health Team, enhancing the organization's voice in primary care planning and broader health system transformation efforts. Through ongoing collaboration with the Alliance for Healthier Communities, Ontario Health, and Durham OHT partners, Brock CHC further positioned itself for future growth and service expansion. A key milestone during the year was Brock CHC's role as lead applicant in a collaborative Expression of Interest to Ontario Health for the development of a North Durham Health Home. As a result, Brock CHC was awarded \$1.6 million to expand its existing interprofessional primary care team and improve patient access and attachment to comprehensive, team-based care across Brock Township and surrounding communities. This investment will support the addition of several healthcare professionals, including a family physician, nurse practitioner, registered practical nurses, social worker, dietitian, and system navigators. Together, these new roles will strengthen Brock CHC's capacity to deliver coordinated, patient-centered care that responds to the diverse needs of the community.



Programs and Services



Onsite Partner Services

Alzheimer Society of Durham Region

The Social – a weekly social group for persons living with dementia

Thursdays 9am-noon

Best Care COPD Program

Tuesdays

Brain Injury Association of Durham

Mondays (alternating) noon-3pm

Community Care Durham

Community Foot Care Clinics

Wednesdays (once every 7 weeks approx.)

Durham Community Legal Clinic

Thursdays (2nd and last)

Dynacare Laboratory and Health Services Centre

Monday-Friday

North Durham Family Health Team

Unattached Patient Program

Thursdays 9:30am-3:30pm

Victoria Order of Nurses

RPN Team Lead Office

Monday-Friday

Brock Community Health Centre

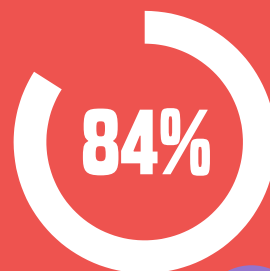
Primary Care Patient Experience 2025 Survey Results



felt the service received at Brock CHC helped improve their overall health and wellbeing



felt their doctor or nurse practitioner spent enough time with them



rated their overall experience accessing the centre as very good or excellent



always feel comfortable and welcome at Brock CHC



would recommend our services to their family or friends



were given an appointment on the day they wanted the last time they were sick

“Genuine personal care. Knowledge of healthcare professionals is amazing.”

“They listen to your concerns and address your needs.”

“Excellent receptionists and nurse.”

“Rarely have to wait in facility for appt. Recommendations for other services provided.”

“Friendly and helpful. Very thorough. Not rushed.”

Most common areas for improvement that were identified:

- more available appointments for people who are ill *
- additional primary care providers/retention
- exterior access issues at Cannington location

* Patient access in a timely manner is a priority for Brock CHC's Quality Improvement Plan.

Based on feedback from 100 clients between December 1-31, 2025.



**Brock
Community
Health Centre**



www.brockchc.ca



705.432.3322



Donors and Community Support

Brock Community Health Centre is deeply grateful for the generosity of our donors, sponsors, volunteers, and community partners whose support helps us improve the health and wellbeing of residents across our community. Donations provide valuable resources that enhance programs and services, reduce barriers to care, support health promotion initiatives, and help us respond to emerging community needs. Every contribution, large or small, makes a meaningful difference in the lives of the individuals and families we serve.

In 2025, our community came together through three successful fundraising initiatives. The Tim Hortons Smile Cookie Campaign in May; the Brock Ride & Stride for Health in September; and our Holiday Meals for Seniors campaign in December. We extend our sincere thanks to everyone who donated, volunteered, participated and sponsored these events. Their generosity enables Brock CHC to continue providing accessible, community-focused care and programs that help people live healthier lives.



Tim Hortons
Smile Cookie Campaign
May 2025

8,270 COOKIES

were sold throughout the week

\$16,538.85

was raised to support seniors
programming in Brock

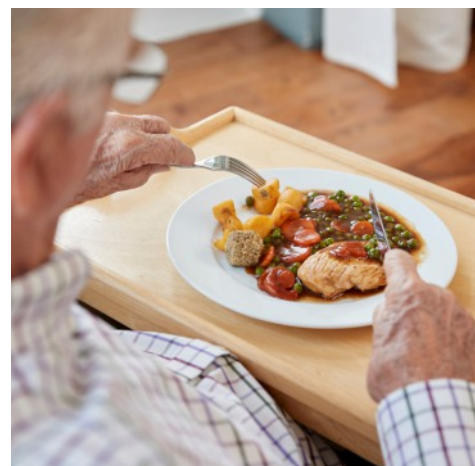
Brock Ride & Stride for
Health
September 2025

85 PARTICIPANTS

35 cyclists / 50 walkers

\$19,005.12

was raised to support Brock CHC's
programs and services



Holiday Meal Distribution
for Seniors
December 2025

18 DONORS

contributed to the cause

\$1,220.00

was raised to support holiday meal
delivery in Brock Township

Community Partners

Alliance for Healthier Communities
Alzheimer Society Durham Region
Beaverton Heights/Blue Door
Brain Injury Association of Durham
Brock Community Food Bank
Brock High School
Brock Township Public Library
Brock Youth Centre
Canadian Hearing Society
Canadian Mental Health Association Durham
CHIMO
Community Care City of Kawartha Lakes CHC
Community Care Durham
Community Development Council of Durham
Community Living Durham North
Durham Catholic School Board
Durham College
Durham Community Health Centre
Durham Community Legal Clinic
Durham District School Board
Durham Elder Abuse Network
Durham Farm and Rural Family Resources
Durham Ontario Health Team
Durham Primary Care Network
Durham Region Community Paramedicine Program
Durham Region Non-Profit Housing Corporation
Durham Region Oral Health Division
Durham Region Police Services
Durham Region Social Services/Services for Seniors
and Housing
Durham Region Transit
Dyncare Laboratory and Health Services

Eastern York Region North Durham OHT
Elder Abuse Prevention Ontario
Faith Communities
Fisher's Independent Grocer
Healthy Babies/Healthy Children – Durham Region
Lakeridge Health
Literacy Network of Durham Region
Local Service Groups
Medical Associates of Port Perry
North Durham Family Health Team
North Durham Social Development Council
North House
Ontario Health atHome
Ontario Oral Health Alliance
Ontario Shores
Pinewood Centre of Lakeridge Health
Public Health Agency of Canada
St. Paul's Seasonal Agricultural Worker Ministry
Safety Network Durham
Seniors Care Network
The Nourish and Develop Foundation
Toronto Street Clinic
Township of Brock
Uxbridge Health Centre
Victorian Order of Nurses
Violence Prevention Coordinating Council of
Durham



Brock CHC and Brock High School Partnership

Friends & Flavours, a project funded by the Ministry for Seniors and Accessibility, was a partnership with Brock High School's Hospitality Program. The project aimed to reduce social isolation, help community residents reconnect, and increase their awareness of local services. Each month from September 2025 to May 2026, students welcomed guests, prepared and served meals and interacted with an average of 36 older adults in the community; left overs were packed for participants to bring home or to a neighbour/friend.



Staff

(April 2025 - March 2026)

Dr. Zahra Bardai
Physician

Almut Brenne-Davies
Nurse Practitioner

Angela Canavan
Corporate Services Coordinator

Julie Carthew
Nurse Practitioner

Nicole Champagne
Medical Secretary

Silvia Chu
Registered Dietitian/
Certified Diabetes Educator

Victoria Dell
Registered Nurse/Diabetes Educator

Travis Dukelow
Youth and Community
Health Worker

Holiness Ehikpehae
Nurse Practitioner

Loretta Fernandes-Heaslip
Health Promoter

Dr. Larisa Giralan
Physician

Alisia Graham-Lee
Registered Dietitian

Naomi Griffin
Medical Secretary

Ken Guo
Physiotherapist

Liz Heppner
NP Student

Elaine Howarth
Nurse Practitioner

Belle Tho Huang
NP Student

Megan Jones
Medical Secretary

Jennifer Josephson
Seniors and Community
Health Worker

Dr. Leanne Kerr
Physician

Jessica Lummiss
Medical Secretary

Sherry Macdonald
Finance Manager

Trina Marlow
Nurse Practitioner

Jo Anne McCarthy
Medical Secretary

Catherine McKinley
Data Management/IT Coordinator

Janet McPherson
Executive Director

Mackenzie Otter
Registered Practical Nurse/BSO

Teresa Ralph
Nurse Practitioner

Kim Ryall
Data Management/IT Coordinator

Jane Spencer
Nurse Practitioner

Cathy Suppa
Nurse Practitioner

Emma Taylor
Registered Practical Nurse

Alison Trussell
Nurse Practitioner

Alyxandra Van Veghel
Registered Practical Nurse

Darrell Vander Slagt
Director of Clinical Services

Sabrina Williams
Medical Secretary

Financial Report

Statement of Financial Position as at March 31, 2026

	2026	2025
ASSETS (CURRENT)		
Cash and cash equivalents	\$ 2,898,107	\$ 1,965,942
Accounts receivable	55,311	395,027
Prepaid expenses	104,653	102,329
	\$ 3,058,071	\$ 2,463,298
Capital	17,867,689	16,557,767
	<u>\$20,925,760</u>	<u>\$19,021,065</u>
LIABILITIES (CURRENT)		
Accounts payable	\$ 375,876	\$ 836,764
Due to Ministry of Health/Ontario Health East	927,990	450,406
Deferred revenue MOH funds	1,041,242	525,328
Deferred revenue	676,813	638,533
	<u>\$ 3,021,921</u>	<u>\$ 2,451,031</u>
NET ASSETS		
Invested in Capital Assets	\$17,867,689	\$ 16,557,767
Unrestricted	36,150	12,267
	<u>\$17,903,839</u>	<u>\$ 16,570,034</u>
	<u>\$20,925,760</u>	<u>\$ 19,021,065</u>

Statement of Operations for the Year ended March 31, 2026

	2026	2025
REVENUE		
Ontario Health East	\$ 4,543,921	\$ 4,384,878
Ministry of Health - Capital funding	1,693,305	3,471,364
Donations	23,882	60,000
Grants	15,648	-
Other revenue	43,704	3,585
	<u>\$ 6,320,460</u>	<u>\$ 7,919,827</u>
EXPENSES		
Salaries and benefits	\$ 3,284,323	\$ 3,334,866
Operating	1,224,749	595,561
	<u>\$ 4,509,072</u>	<u>\$ 3,930,427</u>
Earnings before amount refundable	<u>\$ 1,811,388</u>	<u>\$ 3,989,400</u>
Amount refundable to MOH/Ontario Health East		
Ontario Health East refundable	<u>477,584</u>	<u>283,597</u>
EXCESS OF REVENUE OVER EXPENSES	<u>\$ 1,333,804</u>	<u>\$ 3,705,803</u>

Complete audited financial statements are available upon request.

Brock Community Health Centre

Main - Cannington

39 Cameron Street West
PO Box 69
Cannington, Ontario L0E 1E0
Telephone: 705.432.3322, 1
Fax: 705.432.3389

Satellite Site - Beaverton

Beaverton Thorah Health Centre
468 Main Street East
Beaverton, Ontario L0K 1A0
Telephone: 705.432.3322, 2
Fax: 705.426.3330

Website

www.brockchc.ca

The views expressed in the Annual Report are the views of Brock Community Health Centre and do not necessarily reflect those of the Government of Ontario.

Brock Community Health Centre is a member of the Alliance for Healthier Communities.

